

Meet ALEX[®]

ALEX[®] is an easy-to-use online tool that will help you select the best-fit employee benefit plans for you and your family. ALEX will ask you a few questions about your health care needs (your answers remain anonymous, of course), crunch some numbers, and recommend a plan that's best for your personal needs. It's that easy!



How long does it take to go through ALEX?

Going through the entire ALEX experience and clicking every possible button can take about 30 minutes or so, but the actual duration of your experience will depend on your needs. Most users spend about 7 minutes with the tool. Also, you can always save your place in ALEX and return later simply by providing your email address.

How can I make the most of my ALEX experience?

ALEX is best experienced on a desktop computer with sound (either headphones or speakers), but you can also use it on an Android or iOS (Apple) mobile device.

Meet ALEX at
<https://www.myalex.com/csu/2017>

Will I need to do anything to prepare?

Using ALEX is very simple. You won't have to dig through your insurance records or anything like that, but if you'd like to prepare for the questions about your medical needs, here's what you'll be asked about your maternity care needs and expected number of:

- Doctor Visits (Primary Care and Specialists)
- Hospital Stays
- ER visits
- Surgeries (Inpatient and Outpatient)
- Prescriptions (Occasional and Ongoing)

How does ALEX calculate recommendations?

ALEX estimates the total yearly out-of-pocket costs (a combination of your premium contributions and the costs for the services you plan to use) for each plan and recommends the one with the lowest overall cost to you based on your personal preferences. ALEX's cost data is based on health insurance plan design features and average procedure cost data.

