

2017

WELLNESS INCENTIVE

CHECK-IN + PARTICIPATE + ENROLL + COMPLETE



Employees enrolled in an Anthem plan who complete the wellness activities may be eligible to earn a **\$150** incentive (taxable) in 2017.

Complete by
Dec. 31, 2016

1. **CHECK-IN** with a CSU retirement vendor and complete this form by Feb. 28, 2017
2. **PARTICIPATE** in the CSU Health Fair to obtain biometrics + lipid/glucose panel
3. **ENROLL** in Anthem's Healthy Lifestyles to track fitness goals and obtain great prizes
4. **COMPLETE** a 2016 online Anthem Well-Being Assessment through www.Anthem.com

Retirement Counseling Information

Employee Name: _____
(Last, First, MI)

CSU ID#: _____

Retirement Vendor: Fidelity TIAA VALIC PERA

Retirement Counselor Name: _____

Retirement Counseling Date: _____

Appointment Type: In-Person Phone

Attestation

I hereby attest that I have completed a retirement counseling session and that the information above is true and accurate to the best of my knowledge.

Employee Signature

Date

FITlife - FITNESS for health INVESTING for retirement TOTAL financial health & wellness



555 S. Howes St, 2nd Floor | Campus Delivery 6004
Fort Collins, CO 80523-6004
MyHR@colostate.edu | (970) 491-MyHR(6947)